

CAN/AM

Who Will Be The – Best Of The Best

NGA NATURAL INVITATIONAL BODYBUILDING, FIGURE & BIKINI CHAMPIONSHIPS

Presented by CAN/AM-OLYMPUS LLC
CAN/AM - OLYMPUS

April 10th, 2010

**New Division:
1st Time Competitors, Bikini**



7 Years Drug Tested

Pro Qualifier for Bodybuilding & Figure

Sponsored by NaturalMuscle

Nichols School - Flickinger Performing Arts Center, 1250 Amherst St, Buffalo, NY 14216
<http://www.nicholsschool.org>

DIRECTIONS: - <http://www.nicholsschool.org/quicklinks/directions.asp>

TIME: **10:30 AM** - Contestant Check In **1:00 PM** - Pre-Judging **6:00 PM** - Night Show

ENTRY FEE: \$66 (\$85 for Pros) (US Currency) No Personal Checks after March 27th. Make payable to: **Jerry Marsala**.
Cross-Over \$35 Entries received or faxed after March 27th will be charged a \$25 late fee. See attached entry and ticket order form. All competitors must either have or purchase an NGA or NaturalMuscle membership card. **FIGURE COMPETITORS – ADD A PHOTO COPY OF YOUR LICENSE FOR HEIGHT VERIFICATION.**

TICKETS: Available in advance please use attached ticket order form – Call 716-553-4905 or WWW.NATURALMUSCLE.COM or JERRY@NATURALMUSCLE.COM. Tickets are also available at the door the day of the show. **CASH ONLY THE DAY OF THE SHOW**

DRUG TESTING: We use a computerized polygraphing drug test system. You must be 7 years drug free from the date of the show. For appointments call (716-553-4905) or jerry@naturalmuscle.com. All competitors must make an appointment to get tested. Please make appointments by March 25th. \$40 cash to be paid at time of test.

MUSIC: CD's only pre-que. Maximum of **90 Sec. for Bodybuilders (Pros 2 min)**. Make sure that this is the only music on your CD and it is properly labeled. **NO PROFANITY IN POSING MUSIC.**

ATTIRE: (bodybuilders): Men - One piece-posing suit. Women - 2 piece (may be connected). Figure/Bikini - 2 piece bikini-style swimsuit (T-back bottom permitted but not mandatory). All competitors may use reasonable props. Please call ahead for confirmation on usage.

HOST HOTEL: **HYATT Regency Buffalo - Two Fountain Plaza**, Buffalo, NY 14202. 716-855-4951
www.buffalo.hyatt.com Rooms are \$84 (regular \$121). You must tell them you are booking with the **Nichols Bodybuilding Group**

DRUG TESTING RULES AND POLICIES:

All athletes must submit to a polygraph to ensure that they are within the 7-year time limit of NGA/NaturalMuscle banned substances. If any athlete does not pass the test, they will be banned from the NGA/NaturalMuscle and all of its contests. All competitors may be asked to submit a urine sample. Failure to do so will result in disqualification from the contest.

NGA Banned Substances: All anabolic steroids - Growth hormone - Prescription diuretics - Depressant drugs, medications, narcotics or any substance which might be used for the purpose of passing a polygraph test - Muscle implants - Clenbuterol - All FDA banned substances used for bodybuilding purposes. Alcohol use, day of show. Go to WWW.NATURALMUSCLE.COM for the complete list

ENTRY FORM

Cross Over \$35

Men's Bodybuilding

- 1st Time Competing
- Masters Over 60
- Masters Over 50
- Masters Over 40
- Teenage
- Novice
- Open
- Master Pro

Women's Bodybuilding

- 1st Time Competing
- Masters Over 40
- Novice
- Open

Women's Figure

- 1st Time Competing
- Over 45
- Over 35
- Novice
- Open
- Women's Bikini
- Figure Pro

Weight Classes

Men's Open

- Light Weight Under 156lb
- Middle Weight Over 156lb to 172lb
- L/Heavy Weight Over 172lb to 189lb
- Heavy Weight Over 189

Women's Open

(Classes determined day of show)

Men's Novice

(Classes determined day of show)

*NOVICE means a competitor that has NOT placed in the top 3 in an open division in any organization and that has not won 1st place in a novice division in any organization.

1st Time is for competitors who have never competed before.

The promoter has the right to alter divisions and events with regards to participation & limit the number of competitors

FIGURE COMPETITORS – ADD A PHOTO COPY OF YOUR LICENSE FOR HEIGHT VERIFICATION.

For Questions On What Division You Qualify For:

Jerry Marsala @ 716-553-4905

Jerry@naturalmuscle.com

WWW.NATURALMUSCLE.COM

Pro cards will be awarded according to NGA/NaturalMuscle Guidelines

WAIVER: By your accepting my application to the 2010 Can/Am Natural Bodybuilding & Figure Championships, along with my non refundable entry fee, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against Can/Am – Olympus LLC (Manager Jerome and Jennifer Marsala), Nichols School, The National Gym Association Inc. (NGA), NaturalMuscle, Lynn Prescott, and any and all sponsors, agents, representatives and assigns for any and all injuries and/or losses suffered by me as a result of my participation and/or attendance and traveling to the 2010 Can/Am Natural Bodybuilding & Figure Championships, April 10th 2010. These damages include, but are not limited to, published photographs that I may find to be unattractive or editorial which I may construe as being misrepresentative. I also grant NATURAL MUSCLE, CAN/AM-OLYMPUS LLC (manager Jerome and Jennifer Marsala), Permission to use photos, videos or any likeness of myself to promote any future contests, videos, magazines or any other media involved with future and present contests for the purpose of promotion and/or sales of these media, without any compensation to myself, as condition of my entering the event. I also agree, by my own free will and without duress, to take a polygraph test and submit a urine sample. I also agree to the outcome of the tests results from the polygraph examiner and urinalysis center. I will abide by all NGA/NaturalMuscle rules and show good sportsmanship. By signing and submission of this form I am stating that I am at least 7 years Drug Free and will abide by the NGA/NaturalMuscle drug test policies and procedures.

Signature _____ Parents Signature _____
(If under 18)

Send Entry Form Fees To:

Jerry Marsala

P.O. Box 1305

Grand Island, N.Y 14072

716-553-4905 Fax: 716-408-8823

ENTRY FORM

Print Legibly – Use only the space provided

Official Use Only

Name _____ NGA/NM Card # _____

Phonetic _____ E-MAIL _____
spelling

Phone _____

Address _____ City _____

State/Prov _____ Zip/Post _____ HGT _____ WGT _____

Gym Representing _____

Occupation _____



ENTRY & TICKET ORDER FORM - NO PERSONAL CHECKS AFTER March 27th

Entry Fee - \$66 /(\$85 Pro) = _____
(*\$25 late fee after March 27th*)
Cross Over - \$35 Per Class = _____

Entry Fee Includes Pre-Judging DVD

NGA/NaturalMuscle Card - \$35/(\$50 Pro) = _____

Night Show DVD - \$25 = _____
\$35 after show

Includes having your routine put on
www.naturalmuscle.com website.

Tickets

Pre-Judging Reserved - \$13 = _____
(4 rows behind judges)

**Competitor Check in at 10:30AM Sharp
Pre-Judging starts at 1:00PM.
Night Show starts at 6:00PM.**

Pre-Judging General - \$11 = _____

Night show VIP - \$26 = _____
(First 8 rows behind Judges)

Night show Reserved - \$22 = _____

TOTAL = _____

TICKET SALES - CASH ONLY THE DAY OF THE SHOW!!!
Seats are limited so please order in advance.

Name _____ Address _____ Country _____

City _____ State/Prov _____ Zip/Postal _____ Phone _____

E-Mail _____

Method of payment: **Master Card - VISA - Money Order - Personal Check** No Personal Checks After March 27th.

Canadians make money orders payable in U.S. Funds

Account # _____ Exp. _____

Signature _____

Payable to: **Jerry Marsala - P.O. Box 1305 - Grand Island, N.Y 14072 716-553-4905 Fax: 716-408-8823**